

PHOENIX RISING, MSW, LCSW

(ZE/ZIR/ZIRS OR SHE/HER/HERS)

(720)312-3278
phoenix@napti.org
361 South Camino Del Rio, #288
Durango, CO 81303

PROFILE

Founder and Licensed Clinical Social Worker with 15 years in the mental health and wellness field. An authentic leader and speaker whose childhood trauma and healing experiences inform zir professional passions and pursuits as a neurodivergent person.

SKILLS

Mental Health Counselor & Educator
Neurodivergent-affirming, youth and families, trauma recovery, psychedelic harm-reduction, evidence-informed practices, holistic wellness.

Founder & Leader
Program development and coordination, entrepreneurship, start-up, marketing, relationship building, consultant, speaker.

EDUCATION

New York University
Master of Social Work | 2011
- Clinical and Macro Practice
- GPA 3.81/4
- Dean's Award for Innovation in Social Work
- President's Service Award
- Social Justice Award
- Student Groups: Students of Color Collective, Racial Diversity Coalition, Direct Connect Mentoring, Unity Through Multicultural Education (VP)

University of Vermont
Bachelor of Arts in English | 2009
- Studio Arts Minor
- GPA 3.55/4
- English Departmental Honors
- Silver Torch Award
- Mortar Board Honor Society (President)

CAREER SUMMARY

Founder, Therapist
Therapy for Rebels | 2021 to present
- Founded an innovative private practice offering neurodivergent-affirming therapy and professional development
- Conducts approximately 25 sessions weekly of individual therapy and family collaborative work
- Conducts neurodiversity-affirming neurotype assessments for ADHD and Autistic type

Founder, Training Director, Consultant, Speaker
NAPTI | 2019 to present
- Creates and presents continuing education trainings for mental health professionals on neurodiversity, best practices and interventions
- Works as an individual and group consultant
- Speaks at conferences and professional events
- Spearheaded and hosts monthly sensory neurodivergent therapist meetup

Founder, Therapist and Educator
Higher Consciousness Healing | 2017-18
- Founded a private practice in Denver, CO, providing holistic individual therapy, monthly community-building events for youth, and free online education
- Conducted empowering psychotherapy for those struggling with anxiety, depression, identity issues, and childhood trauma
- Aired 44 weekly live videos educating viewers on mental health topics from a spiritual and scientific perspective

Program Coordinator & Counselor
Girls Education & Mentoring Services | 2012-15
- Coordinated Family Court Advocacy and Mentoring programs in NYC and supervised
- Conducted individual sessions to support young trauma survivors of sex trafficking
- Organized weekly mentoring events
- Managed caseload of 15-30 clients



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LEADERSHIP

- Inclusive Durango Tourism Working Group, Colorado 2024 - present
- Southwest Region Co-Representative, NASW-Colorado Chapter, 2023 - present
- President, Neurodivergent Therapists' Networking Group, 2022 - present
- Denver Region Co-Representative, NASW-Colorado Chapter, 2021-2023
- President, Specialized Therapist Monthly Meetup, Colorado, 2021-2022

SPEAKING

- Presenter, Four Corners Transgender Healthcare Symposium, Durango, CO, 2026
- Keynote Speaker, TeamUp, Durango, CO, 2025
- Keynote Speaker, Neurodiversity Conference, Oklahoma State University - Tulsa, 2023
- Professional Development Speaker, Cedar Springs Hospital, Colorado, 2022
- Panel Speaker, Trauma-Informed Teaching, Coaching, and Managing, GlobalMindED Conference, 2021

VOLUNTEER WORK

- Durango Inclusive Tourism Group, 2024-present
- NASW-CO Board of Directors, 2021-present
- Envision Festival, Costa Rica, 2019
- Psychedelic Peer Counselor, Zendo Project, Burning Man, Nevada, 2018
- Shambhala Music Festival, Canada, 2018
- Karma Farma CSA, Lakewood, CO, 2017-18
- Homeless Street Outreach, Denver, CO, 2016-18

LICENSES & MEMBERSHIPS

- Licensed Clinical Social Worker, #9931833, Colorado 2025-2027
- Licensed Social Worker, #9921402, Colorado 2016-2019, 2021-2025
- Licensed Master of Social Work, #084491, New York, 2011 to 2017
- NASW Membership, 2011 to present

PROFESSIONAL DEVELOPMENT

- Psychedelics and Social Work, NASW-CO, 2026
- NASW-CO Clinical Supervision for Licensure 101, NASW Colorado, 2025
- Supporting Neurodivergent Students in Schools: A Collaborative Approach, 2025
- Collaborative Assessment and Management of Suicidality (CAMS) Consultation Groups, 2025
- Monthly Neurodivergent Consulting Group, Holistic Child and Family, Seattle, WA, 2022-25
- Extreme Risk Protection Orders (ERPOS) & Gun Violence Prevention, NASW, Colorado, 2024
- Developing 21st Century Social Work Leaders, NASW, Washington, DC, 2023
- Schools of Social Work and Leadership, NASW, Development, Washington, DC 2023
- Leadership and Taking Risks, NASW, Washington, DC, 2023
- Leadership in the Age of Social Media, NASW, Washington, DC, 2023
- Foundations of Clinical and Ethical Practice, Julie Jacobs, PSY.D.,JD, Colorado, 2023
- Independent Study of Neurodiversity-Affirming Care and 1:1 Expert Consultation, 2021-present
- Collaborative Assessment and Management of Suicidality (CAMS) Training, 2021
- Conscious Communication and Somatic Intelligence, Wild Core, Germany, 2021
- 36-Hour Spirituality and Social Work Practice Course, New York University, NY, NY, 2020-21
- The Way of the Shaman, The Foundation for Shamanic Studies, Asheville, NC, 2019
- 60-Hour Trauma Dynamics Training, Trauma Dynamics, Denver, CO, 2018-19
- BDSM, Kink, and ENM, Denver, CO, 2018
- Risk Management Training for Social Workers, NASW, Denver, CO, 2018
- Shamanism 101, Denver, CO, 2017
- Mental Health Professionals Conference, Colorado Counseling Association, Denver, 2017
- Executive Leadership in the Non-Profit Sector, New York University, NY, NY, 2014
- DSM-5: Changes, Controversies and Impact on Clinical Practice, NYU, NY, NY, 2013